

**February is
American Heart Month!**



Cholesterol Screening

**at Darien Town Hall Rm 119
Wednesday, February 11, 2009
8:30 am until 11:30 am
Cost is \$25 (cash or check)**

By appointment only-No walk-ins, please

- **Fingerstick test—results within 10 minutes.**
- **Includes total cholesterol, HDL, LDL, triglycerides, & glucose, blood pressure, BMI (body mass index calculation).**
- **12 hr fasting is recommended, but not necessary.**
- **Free cardiovascular risk counseling session with Certified Health Educator/RN.**
- **Space is limited. For an appointment, please call Nursing & Home Care at 762-8958 Ext 221.**
- **Sponsored by Darien Health Dept. and Nursing & Home Care.**



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Bringing Healing and Comfort to Our Community